

## **Coronavirus – infection rates rising sharply in the Scarborough area**

Over the last 7 days, the number of Covid-19 cases in the borough of Scarborough has doubled and is rising rapidly.

In order to prevent a rise in other areas and support communities it is everyone's responsibility to protect each other and help bring down the rates of infection.

**Whilst not in an education setting, it is essential that you and those you live with follow the national restrictions and stay at home:**

- **Only leave home for food, medical reasons, exercise, education or work**
- **Do not meet up with other households, even outdoors, except for the exceptions set out in the national guidance: [gov.uk/coronavirus](https://www.gov.uk/coronavirus)**
- **If you have symptoms you must self-isolate and get a test – it is the law**
- **Avoid all travel unless essential**
- **Remember to wash hands, cover face, make space**
- **Remember that school bubbles do not apply outside school**

Additional testing sites will be launched throughout Scarborough borough this month and testing sites are available across the county. We are asking visitors not to visit Scarborough at the moment. We encourage everyone to stay at home and exercise in their own local area.

**If you are self-isolating and don't have anyone who can help you with shopping and other essentials, call 01609 780780 any day between 8am and 5.30pm and you will be directed to local support that is right for you.**

If you have to self-isolate and cannot work from home, you may be eligible for a Test and Trace support payment. Refer to 'support for you' at [www.scarborough.gov.uk/coronavirus](https://www.scarborough.gov.uk/coronavirus) for more information. If you do not have access to online services, call 01723 232372.

We know we can count on your support and thank you for your cooperation